

# Professional Development for Social Workers



## Survivors To Alivers

*More than Surviving... Living again.*

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# Courses Offered

## Childhood Sexual Abuse: How is it affecting your client in adulthood?

Child sexual abuse (CSA) survivors are commonly unaware of the extent they were affected by abuse. With an increased likelihood to be re-victimized, commit crimes, become abusive parents, and have AOD issues, other presenting issues are often our focus. Learn how addressing your client's abuse history can help resolve presenting issues.

Participants will learn the statistics related to child sexual abuse as well as the many effects of abuse that survivors experience. Ways in which CSA can lead to other presenting issues will be reviewed giving participants valuable information to consider when working with clients. By coming to understand the journey of CSA survivors, participants will be empowered as they learn how working with survivors to address their abuse history can help improve their lives by addressing areas for improvement holistically.

## Childhood Sexual Abuse Prevention

Sexual abuse is more common than most of us realize. One of the greatest tools to remedy and minimize the social problems and injustices we face is knowledge. This training will review the following:

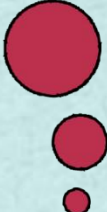
- Childhood sexual abuse definitions, types, and statistics
- Myths about childhood sexual abuse and sex offenders
- Signs of sexual abuse
- Ways to minimize risk
- How to talk to children about sexual abuse

By becoming knowledgeable about childhood sexual abuse, participants will be empowered to be proactive in protecting children as well as sharing this information with others so that they can do the same.



# Courses Offered

## continued



### Childhood Sexual Abuse Overview

Unfortunately, due to the prevalence of childhood sexual abuse (CSA), the likelihood that a Social Worker will work with a victim of sexual abuse is extremely high. Whether the case is initiated because of the abuse or because of other existing issues, it is important to be educated about sexual abuse in order to best serve the client. This training will review:

- Definition and types of sexual abuse
- Statistics
- Signs of abuse
- Effects of sexual abuse
- Child sex offenders and why they offend

### Beyond Vicarious Trauma: Your past, your pain, your work

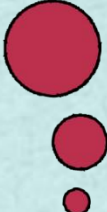
Many of us were inspired to choose a career in Social Work as a result of painful pasts. We often draw on personal experiences to help us to empathize with our clients. Lessons we learned along our journeys are often lessons we believe can help our clients through their situations. While there is certainly value in personal experiences combined with professional training and ethics, what happens when we haven't yet healed? When we haven't addressed our own issues of abuse and affliction, we minimize our effectiveness in helping our clients.

This training will review the often overlooked reality and connection between the work of those in the help profession and their pasts. Participants will be encouraged to consider how past experiences may be influencing their effectiveness as Social Workers. Helpful insight on how to begin and complete the journey of restoration will be given as participants are empowered to help self in order to best help clients.



# Courses Offered

## continued



### Trauma and the Long-Term Survivor Experience: A close look at the journey of trauma survivors

With a large portion of nonprofit organizations serving clients with a focus on emergency care, we often overlook the survivor journey from a long-term perspective. What happens after your client survives the emergency stage? What happens after they complete the suggested services to address the trauma? Life goes on but often, so do the effects of the trauma. This training will review the long term journey of trauma survivors. The six stages of the Survivor To Aliver concept will be introduced as participants are challenged to consider the long-term effects of trauma. They will learn how, when not handled in a healthy manner, long-term effects can cause the survivor to get stuck in survivor mode which can lead to further trauma and re-victimization as well as criminal or offender behavior.

## Continuing Education and Course Offering Details

- Survivors To Alivers is approved to provide continuing education trainings to Social Workers through The State of Ohio Counselor, Social Worker, and Marriage and Family Therapist Board (#RSX071002).
- We partner with nonprofit organizations to offer trainings to their staff to meet annual professional development requirements.
- We offer trainings throughout the state several times per year to individual Social Workers who are seeking CEUs to fulfill licensing requirements enforced by The State of Ohio Counselor, Social Worker, and Marriage and Family Therapist Board.



# Course Instructor

## Elizabeth Williams BSSW LSW



Founder of Survivors To Alivers, Inc and author of *You Survived, Now What?*, Elizabeth Williams is a living example of the lessons she teaches as a trainer, speaker, and writer. Her work focuses on developing tools and support systems that foster restoration for those who have experienced trauma and hardship in their lifetime. She is the visionary behind Survivors To Alivers' membership website, the first of its kind, empowering survivors to reclaim life by offering education, support, and inspiration. Elizabeth earned her Bachelor Degree in Social Work from The Ohio State University in 2001 and is a Licensed Social Worker (LSW). With over seven years of experience working with survivors and a personal story of pain, hopelessness, and eventually healing, she combines her professional expertise with knowledge gained through first-hand experience to educate and empower her audiences.

Elizabeth's work includes providing training for Victim Awareness Coordinators with The Ohio Department of Rehabilitation and Corrections, speaking at Victim Awareness classes across the state of Ohio, and providing proponent testimony and advocacy work for Ohio House Bill 333. She was also a presenter at the 2010 NASW Ohio Chapter Conference. She is Survivors To Alivers' curriculum developer.

Elizabeth takes great pride in ensuring that each training is designed to teach, stimulate, and engage participants. Her training style encourages critical thinking and discussions amongst attendees.

### What they are saying.....

"The presenter was knowledgeable, energetic, and kept my attention. She also gave me courage to really take a look at my own self."

"Great presentation. Very good combination of personal and professional approach."

"I think it is great that there are survivors out there that are willing and able to teach others from their experience."

"Very good speaker. Speaks from the heart."

